

Focus on Children Ideas

An individual or team event, recognizes participants who use family and consumer sciences skills to plan and conduct a child development project that has a positive impact on children and the community.

- ❖ Sponsor a family fun night once a month for parents of young children.
- ❖ Obtain costumes to dress as Vince and Larry, Buckle Bear or McGruff, and visit elementary classrooms.
- ❖ Create an activity book for Head Start parents.
- ❖ Develop and present nutrition games for elementary students.
- ❖ Develop a series of self-esteem-building activities for elementary students. Feature fun activities while educating children to make positive lifestyle choices.
- ❖ Decorate and furnish a child's room through a local program that builds low-cost housing.
- ❖ Teach first graders about proper nutrition and the food guide pyramid. Teach them how to make nutritious snacks at home, and let them practice.
- ❖ Conduct age-appropriate conflict management and violence prevention activities with children.
- ❖ Create a project that includes money management lessons and /or entrepreneurship experiences for youngsters.
- ❖ Develop a Home Alone care package for families.
- ❖ Host a Stranger Danger Seminar for parents and children.